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Modeling the plant effects of aeration and organic 1 exudates on remediation performance of an integrated 2 vertical constructed wetlands 3 4 Xiaoyu Ma¹, Yanliang Du¹, * Wenqi Peng¹, Shuanghu Zhang¹, Shiyang Wang¹, Shoujun Yuan², Chang Liu¹, Olaf Kolditz³ 5 6 ¹ China Institute of Water Resources and Hydropower Research (IWHR), China 7 ² Department of Municipal Engineering, School of Civil Engineering, Hefei University of Technology, 8 Hefei 230009, China. sjyuan@hfut.edu.cn ³ Department of Environmental Informatics, Helmholtz Centre for Environmental Research, UFZ, 9 10 Leipzig, Germany 11 * Correspondence: duyl@iwhr.com; Tel.: +86-15210429872 12 13 Received: date; Accepted: date; Published: date Abstract: The integrated vertical constructed wetland (IVCW) consists of two or more 14 15 chambers with heterogeneous flow patterns and strong aeration capability, possesses favorable remediation performance. The Constructed Wetland Model No.1 (CWM1) 16 coupled with the OpenGeoSys # IPHREEQC was applied to investigate the wetland plant 17 18 effects on treatment efficiency. Considering two fundamental functions of the plants, (i) the 19 oxygen release as radial oxygen loss (ROL) and (ii) exudation of internal organic carbon 20 (IOC) from roots are developed and implemented in the numerical model to simulate the 21 treating processes of two parallel laboratory-scale IVCWs fed by artificial wastewater with and without plant. The good agreement between simulated results and measurements of 22 planted and unplanted IVCWs demonstrate the combined effects of ROL and IOC of the 23

24 plants and the model reliability. In summer the ammonia (NH₄-N) and total nitrogen (TN) 25 removals are high as above 90% in both IVCWs, and in winter they decline significantly to 26 around 55% and 45% in unplanted CW, contrastively to about 85% and 78% in planted CW. 27 According to the model simulation, for high TN removal of no-planted and planted IVCWs, 28 the COD/N ratios are about 3-7 and 3-10 gCOD/gN, which can be utilized to evaluate 29 organic carbon loading status. The ROL in the unplanted CW promotes COD and NH₄-N 30 removal, while may inhibit the denitrification under low temperature condition. Single 31 addition of IOC enhances the oxygen consuming and restrains the nitrification, because of 32 the full loaded COD. Summarized the organic carbon released from substrate and roots as 33 total IOC, the quantification of IOC acts on nitrogen treatment were simulated and 34 compared with the external organic carbon (EOC) loading from influent. At same organic 35 loading rates, IOC performs higher efficiency on TN removal than EOC. The results 36 provides the thoughts of the solution for low TN removal in constructed wetlands.

Keywords: Integrated vertical constructed wetland (IVCW); CWs modeling; Plant effects;
 radial oxygen loss (ROL); Internal organic carbon (IOC); COD/N ratio; Total nitrogen
 removal;

40

41 1. Introduction

42 Constructed wetlands (CW) are engineering systems designed and assembled with 43 economical advantage in lower operational and maintenance costs to treat wastewater in a 44 more controllable conditions. Plants are regarded as an essential component of CWs, that the 45 stem and leaf above the substrate play the role of landscaping ornament, recreation, wildlife 46 habitat creation, alleviating the influence of cool and hot weather, as well as the nutrient 47 removal capacity (Wang et al. 2017, Hua et al. 2018). CWs with plants were observed having more stable treatment performance and higher removals, especially for nitrogen
rather than BOD and COD, comparing with no plants CWs (Tanner 2001, Huett et al. 2005,
Zhu et al. 2014, Pelissari et al. 2016, Teixeira et al. 2018, Carrasco-Acosta et al. 2019).

51 The contribution of plants to the treatment performance has been widely discussed. The 52 primary perception of nutrient removal pathway by plants in CWs was the nutrients uptake. 53 Ammonium is the preferential biotic uptake source among inorganic nitrogen (Nayar et al. 54 2010). Comparing to the loadings from wastewater, the amount of nutrients removed by 55 plant harvesting is generally insignificant (Brix 1997, Bachand 2000, Kim 2001). The 56 proportion of nitrogen removal by plants uptake in CWs are 4–11% and 2–8% given by Lin 57 et al.(2002) and Tanner (2001), respectively, while nitrogen removal due to denitrification 58 were about 89–96% (Lin 2002). As for low loaded systems, especially for the horizontal 59 subsurface flow CWs, the amount of nutrients removed by plants can be high (Greenway 60 2001, Kyambadde et al. 2004). The nutrients incorporated in the un-harvested plants return 61 to the CW system during decomposition. The expected maximum nitrogen and phosphorus 62 removal by plant uptake directly and harvesting are small (Yang 2001, Lin 2002, USEPA 63 2011), which was neglected in some modelling research (Giraldi et al. 2010).

64 Going deep to the plant roots in the CWs substrate formed rhizosphere zone is the 65 habitat of an overwhelming number of microorganisms and invertebrates and is considered 66 to be one of the most dynamic interfaces on Earth (Philippot et al. 2013). Plants roots can 67 accelerate the development of microbial communities by promoting alternate aerobic and 68 anaerobic micro-environments (Stottmeister et al. 2003). Internal aeration is crucial for root 69 growth under anoxic conditions, and the oxygen transported via the aerenchyma to the root 70 tips, enabling root growth into anoxic soil(Haichar et al. 2008). The oxygen release to the 71 soil called radial oxygen loss (ROL) were observed and measured, and quantified. 72 Significant differences among species were tested, ROL in the rhizosphere have been 73 positively correlated (35~76%) with the removal of TN among differences plant species

74 (Mei et al. 2014). Generally, ROL was positively correlated with photosynthetic rate, 75 transpiration rate, root activity, root biomass, above-ground biomass, leaf biomass, root 76 porosity, maximum root length, and removal rates of TN and TP (Lai et al. 2012). The 77 addition of biochar in CWs also can improves the ROL(Hang et al. 2019). The oxygen 78 profiles patterns in rhizosphere present oxygen saturation peaked around the middle part of 79 roots and the thickness of stably oxidized zones increased as the roots grew(Wang Wenlin 80 et al. 2014). The oxygen transport model between root and soil were studied and 81 established (Cook and Knight 2003, Cook et al. 2013).

82 Plant roots may release up to 20% of their photosynthesis products into soil, providing 83 the basis for the establishment of plant-microorganism interactions (Haichar et al. 2008) The 84 newly generated carbon derived from root exudates, and ancient carbon in soil organic 85 matter, are available for microbial growth (Caspersen 2004, Wu 2012). The majority of root 86 exudates including primary metabolites (sugars, amino acids, and organic acids) are 87 regarded to be passively lost from the root and used by rhizosphere-dwelling microbes 88 (Dundek et al. 2011, Canarini et al. 2019). The plants shows high power on organic matter 89 degradation through bacteria caused by root exudation. Moreover, wetland plants deliver 90 organic carbon via root exudates to fuel the microbial denitrification process in constructed 91 wetland systems receiving nitrate-rich and low-carbon wastewater. Zhai et al. (2013) shows 92 DOC release rates from root amounted to 0.6-4.8% of the net photosynthetically fixed 93 carbon. Extrapolating the laboratory measurements to field conditions suggests that plant root exudates may potentially fuel a denitrification rate of 94-267 kgN ha⁻¹ year⁻¹ in 94 95 subsurface flow constructed wetlands. Root exudates are potentially important as an organic 96 C source for denitrification in lightly loaded subsurface flow constructed wetland. Root 97 exudates can act as endogenous carbon sources for heterotrophic denitrifying bacteria and 98 ultimately determine the microbe distribution patterns in micro-polluted CWs(Wu et al.

2017). Nutrient removal was positively correlated with microbe density in rhizosphere whichaffected by root exudates (Chen et al. 2016).

101 The denitrifying bacteria require labile organic carbon (C) as an energy source 102 denitrification (Clement 2002). The organic loading rate (OLR) influents the nitrifying and 103 denitrifying bacterial community (Pelissari et al. 2016), the excessive and insufficient 104 organic carbon lead to the reduction of nitrogen removal (Ding et al. 2012, Wu et al. 2013). 105 In the numerous practices of wetland construction and operation in China, the treat 106 performances were usually restricted by low COD/N ratios (Xie et al. 2012, Zhang et al. 107 2012). In order to promote the CWs removal, although numerous researches focused on the 108 COD/N ratios of influent wastewater (Ding et al. 2012, Akizuki et al. 2015, Wu et al. 2017, 109 Wang et al. 2020). The planted CWs achieve efficient nitrogen removal under the both high 110 and low COD/N conditions (Huett et al. 2005, Zhu et al. 2014). It is difficult to set a 111 guideline value on COD/N ratio for high nitrogen removals, which are related to wetland 112 configurations, operation mode, plantation, nitrogen composition and types of wastewater 113 to be treated (Saeed and Sun 2012). Nevertheless for the certain CWs, the COD/N ratios 114 can be the guidance to evaluate whether the CW is overloaded or light loaded by COD.

115 The properties of substrates predominate not only the hydrodynamics but also the 116 biological dynamics, adsorption and fixation process, consequently influence the treatment 117 efficiency (Wang et al. 2017, Lima MX 2018, Shi et al. 2018, Xu et al. 2019). The concept 118 of internal supplies of organic carbon from the filler was brought out as an alternative 119 solution by Saeed and Sun (Saeed 2011a, 2011b), and Tee et al. (2012). The background 120 concentration in substrates in terms of organic carbon is often assumed to be around 3 mg L^{-1} (Rousseau et al. 2004). The impacts of some different unconventional substrates on the 121 122 nitrogen and organics removal were summarized (Saeed and Sun 2012). Some fillers were 123 selected for internal organic carbon (IOC) supplement, which can promote denitrification 124 and improved nitrogen treat performance (Saeed and Sun 2017, Wang et al. 2017, Xu et al.

125 2019). It should be mentioned that the additional IOC may only benefits the micro-pollutant 126 water and deficient carbon system. Most researches provided the options of filler selection 127 for better treatment. It is difficult to assess the effects of quantitative IOC loading as well as 128 spatial assembly of IOC on the removal by experiments.

129 Constructed wetland (CW) models have been considered as an important tool to 130 enhance understanding of the simultaneous physic-chemical and biological processes, and 131 to optimize the design and operation of CWs. In general the process-based models consist 132 of hydraulic module, transport module, biochemical module. Most biochemical module 133 were developed based on Activated Sludge Models (ASM) to simulate the biokinetic 134 process. Recent years, the improved CWM1 become popular for modelling (Langergraber 135 et al. 2009, Boog et al. 2019, John et al. 2020). Based on the framework of CWs model, 136 some mechanistic processes were implemented in the model to investigate combined effects 137 caused by external and internal factors. The clogging process (Giraldi et al. 2010, 138 Rajabzadeh et al. 2015, Boano et al. 2018), aeration and temperature impacts(Boog et al. 139 2019, John et al. 2020), plants effects (Samsó and Garcia 2013a) were successfully 140 modelled.

141 The present study is based on observation results from two laboratory-scale 142 experimental constructed wetlands (IVCW), which were filled with zeolite, one was planted 143 with Phragmites australis and the other was unplanted. The radial oxygen loss (ROL) and 144 internal organic carbon (IOC) exuded from plants roots, associated with the adsorption, 145 clogging effects, are developed and implemented in biological dynamics model of CWM1, 146 which is coupled to a reactive transport model OpenGeoSys#IPHREEQC. The comparison 147 between the experimental measurements and modelling results are carried out in order to 148 calibrate the parameters and verify the reliability of the model. The appropriate COD/N 149 ratios for efficient nitrogen removal in unplanted CW and planted CW are calculated by 150 model instead of conventional experiments, consequently the carbon loading levels can be difficult to assess. Following the concept of internal carbon source, the model calculates the nitrogen removal variation with the growth of external organic carbon (EOC) and the internal organic carbon (IOC) respectively, to the further understanding on the spatial function of carbon sources.

The paper is structured as follows: the section of "Materials and methods" introduces the design and operations of the experimental planted and unplanted IVCWs, as well as the descriptions and settings for two IVCWs in the numerical model; the section of "Results and discussion" presents the verification of the planted and unplanted IVCWs modelling, and some discussions on the impacts of hydrodynamics, COD/N ratios, temperature and the internal carbon sources. Finally, the results and discoveries are summarized in the "Conclusions" section.

166 2. Materials and Methods

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167 2.1 Experimental IVCW

Taking the advantage of horizontal subsurface-flow CWs and vertical subsurface-flow CWs, the integrated vertical-flow constructed wetland (IVCW) with relatively high treatment performance for common pollutants has become one of the main CW types in China (Chen et al. 2008, Chang et al. 2013). The experimental scale IVCWs with internal measured data were elected for our work.

The laboratory-scale experiments were carried out in Hefei University of Technology. There were several IVCWs with identify size, which were 1m long, 0.5m wide and 0.65m height, with a bottom slope of 0.5%. Each IVCW was divided into a down-flow chamber (DFC) and an up-flow chamber (UFC) by a vertical clapboard in the middle, which left 10mm a narrow slit at bottom for the connection of chambers (Fig 1). The surface elevations of down-flow chamber were 100mm higher than those of the up-flow chamber. The water pipes were distributed on the surface of the down-flow chamber, and water was gathered on the surface of the up-flow chamber.



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Fig. 1. Schematic diagram of experimental design and setting

183 The experiments were designed to study the effects of wetland plants. There were two 184 parallel IVCWs filled by granular zeolite, as one with plants and the other without plant. 185 The granular media consisted of two layers, bottom layer was 0.3m thick composed of 186 coarser gravels ($D = 4 \sim 8 \text{ mm}$, initial porosity n = 45%), and up layer was 0.35m thick with 187 fine gravels (D = $2 \sim 4$ mm, initial porosity n = $40 \sim 45\%$). The Phragmites australis were 188 transplanted in IVCWs in March 2014, and grew well in the summer. The wetland plants 189 started to wither in Oct and were harvested in Dec. The IVCWs in summer and winter are 190 shown in Fig. 2. The monitoring was carried out after several months till its stable operation 191 in June 2014.



Fig. 2. Experimental IVCWs in summer and in winter

193	Although the model can calculate the spatiotemporal variations of water components in
194	the wetland, many experiments usually provide the changes between influent and effluent,
195	and the internal alterations are mostly similar to the "black box". To investigate the water
196	variation inside the IVCWs, there were 3 internal sites along the flow stream for sampling,
197	which were shown in Fig 1. During the feeding period, the wetland were operated with
198	hydraulic loading rates (HLR) of approximately 0.24 m ³ d ⁻¹ and hydraulic retention time
199	(HRT) of 2.7 days. The intermittent artificial wastewater supplies are fed to IVCWs, and the
200	influent concentrations of components as organic loading (glucose), NH ₄ -N, TN and DO
201	were shown in Table 1. The total nitrogen in influent mainly consists of ammonia in
202	experiment, and with COD/N ratio is around 5.9~7.1.
203	

204 **Table 1.** Influent concentrations of each component

10	of	47
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	COD	TN	NH ₄ -N	DO	pH
	mg∙L ⁻¹	mg•L ⁻¹	mg∙L ⁻¹	$mg \bullet L^{-1}$	
Influent	47.56-54.11	7.66-8.81	6.21-8.18	2.4-4.9	6.14-7.44

206 2.2 Model description

207 2.2.1 Model setup

208 The established model framework OGS# IPHREEQC coupled with Constructed 209 Wetland Model No1 (CWM1) has been applied for IVCWs modelling in this study. 210 OpenGeoSys (OGS) is an open source finite element simulator for 211 thermo-hydro-mechanical-chemical processes which has been developed over more two 212 decades (Kolditz et al. 2012, Bilke et al. 2019). OGS has been used in various 213 environmental disciplines such as water resources management, soil physics, geothermal 214 energy systems and deep geological deposition of hazardous waste. In the present work the 215 capabilities of OGS for multicomponent transport processes in variably saturated porous 216 media are used (Kalbacher 2011). PHREEQC is one of the most widely used open-source 217 geochemical solvers for aqueous, mineral, gas, surface, ion exchange, solid-solution 218 equilibria and kinetic reactions, it can also provide a well-defined set of methods for data 219 transfer and management (Charlton and Parkhurst 2011). CWM1 is a general model to 220 describe biochemical transformation and degradation processes for organic matter, nitrogen 221 and sulphur in subsurface flow constructed wetlands, which can be appended in the 222 framework of PHREEQC. Since both OGS and PHREEQC are open-source model, they 223 have been technically coupled on the code level as OGS# IPHREEQC ("I" stands for 224 "interface") (He et al. 2015, Lu 2017).

The IVCWs has two chambers results spatial heterogeneous distribution of hydrodynamic and water quality components. The computed domain is discretized by quadrangle meshes, and divided into 3 sub-domains filled with 3 different porous material,which is shown in Fig. 3.

229 The influent and effluent boundary conditions of hydrodynamics and water quality are 230 set up on the surface of the down-flow chamber and the up-flow chamber respectively. The 231 inflow rates, and concentration of COD, NH₄-N, and TN are identify for both IVCWs. The 232 influent water is well distributed on the down-flow chamber surface, with the hydraulic 233 loading rate as 0.24 m/d. The time series of COD, NH₄-N and TN concentration are from 234 the measurements. Since the COD of inflow is made by glucose in the experiment, the 235 influent COD is regarded as biodegradable dissolved COD (S_F) in the model, and the easily 236 biodegradable particle COD (X_S) is 0.

The measured influent concentrations of components as organic loading (glucose), NH₄-N, TN and DO associated with discharges were input as discharge boundary. The outflow boundary is set as pressure boundary with zero gradient concentration. Initially, all water quality variables including bacterial components are set to zero in computed domain. In the planted IVC, the two chambers are almost full-filled by the roots of well-grown Phragmites australis, which are set as root zones in modelling. Although the reeds were harvested in winter, the functions of roots are still active.

The computation domain, meshes and boundary conditions in the model are indicatedin Fig. 3.



Fig. 3. Computation domain, meshes, boundary and defined output polyline.

In order to investigate the spatial variations in IVCW, 1 polyline is defined for the model output, also shown in Figure 2. The polyline starts from the surface of down-flow chamber down to the bottom (line1#), then go to the horizontal direction at bottom to up-flow chamber (line 2#), finally it from the bottom to the surface of UFC (line 3#).

252 2.2.2 Hydraulic module

The unsaturated and saturated zone both exist in the IVCWs, the Richards equation is used to describe the water flow through porous media (Kolditz et al. 2015):

$$-n\rho_{w}\frac{\partial\theta}{\partial p_{c}}\frac{\partial p}{\partial t}-\nabla\cdot\left[\rho_{w}\frac{\mathbf{k}\kappa_{rel}}{\mu}(\nabla p-\rho_{w}g)\right]=Q_{w}$$
(1)

where *n* represents the porosity, -; *S* stands for the saturation, *p* and *p_c* mean pressure and capillary pressure, respectively, Pa; ρ_w is the water density, kgm⁻³; μ is the viscosity, kg m⁻¹ s⁻¹; κ_{rel} is the relative permeability, m²; **k** is the intrinsic permeability tensor, and Q_w is the source/sink term, m³ s⁻¹.

The constitutive relationships between pressure, saturation, and hydraulic conductivity use van Genuchten model and the related empirical parameters for unsaturated conditions:

261
$$p_{c} = \rho_{w}g \left[\theta_{seff}^{-\frac{1}{1-(1/m)}} - 1 \right]^{\frac{1}{m}}$$
(2)

$$\theta_{seff} = \frac{\theta - \theta_s}{\theta_s - \theta_r} \tag{3}$$

262

Where, θ_{seff} is effective saturation, θ_r and θ_s are the residual and saturated volumetric 264 water content, m is coefficient in van-Genuchten model.

265 Biological dynamic model 2.2.3

266 Biological dynamic module is used constructed wetland model CWM1 (Langergraber 267 et al. 2009), which models the dissolved oxygen, organic carbon, organic nitrogen, 268 ammonia and oxidized nitrogen, hydrogen sulphide and sulfate, as well as the growth and 269 decay of heterotrophic, fermenting, autotrophic, methanogenic and sulfate reducing and 270 sulphide oxidizing bacteria. CWM1 computes 17 processes and 16 components. The 271 computed component consists of 8 dissolved species and 8 particulate species. Dissolved 272 species, indicated by Si (i=1, 2, ...), are only present in the aqueous phase, and particulate 273 species, indicated by Xi (i=1, 2, ...), are defined both in the aqueous (mobile) and solid 274 (immobile) phases. Part of the COD and all bacteria species belong to the particulate 275 species. The particulate components participate the attachment and detachment processes, 276 and transform between mobile and immobile statues. 277 The transport of aqueous (mobile) components with absorption effects in unsaturated 278 porous media is described by equation (4) as: $n\frac{\partial\theta C_i}{\partial t} + \rho_s \frac{\partial S_{ads}}{\partial t} = n\nabla\theta (\mathbf{D}\nabla C_i - qC_i) + Q_{Ci} + r_{Ci}$ 279 (4)

Where i=1,2,...k, k is the total number of aqueous phase species (dissolved and 280 particulate), C_i is the aqueous phase concentration of the ith species. S_{ads} is adsorbed 281 concentration, kg kg⁻¹; ρ_s is density of substrate, kgm⁻³; D is the hydrodynamic dispersion 282

283 tensor, m² d⁻¹; q is the Darcy velocity, m d⁻¹; Q_{Ci} represents the source/sink term of C_i , 284 mgL⁻¹d⁻¹ and r_i denotes the reaction rate of C_i , mgL⁻¹d⁻¹.

285

286 (1) Aeration

287 Dissolved oxygen is an important component to influence the treatment performance of 288 IVCW. The porosity of the unsaturated zone bring air into substrates, and intermittent water 289 supply generating saturation changes is used for aeration. Oxygen transfer rate (OTR) from 290 air to water is the function of properties, temperature, concentration of saturated dissolved 291 oxygen and local dissolved oxygen. GarcÍA et al (2010). pointed out that the oxygen 292 transfer coefficient is an inverse proportion function of depth especially in vertical flow 293 CWs. Combining the depth impacts on OTR, we developed the equation (5) to calculate the 294 OTR.

OTR =
$$(k_{La,T,A} * \theta + k_{La,T,R} * (1 - \frac{z}{z_{max}}))(S_o^* - S_o)$$

5)

295 Which $k_{La,T,A}$ is the oxygen transportation coefficient of surface reaeration; $k_{La,T,R}$ 296 is t Coefficient in Oxygen transmission rate of intermittent water supply; z is the depth; 297 z_{max} is the maximum depth; S_o^* is saturated dissolved oxygen, mg L⁻¹; S_o is the dissolved 298 oxygen, mg L⁻¹.

Additionally, the radial oxygen loss (ROL) of the plant root also named oxygen release is counted in the aeration sources. The oxygen release rate were about $0.45 \sim 5 (\text{gO}_2 \text{ m}^{-2} \text{ d}^{-1})$ set as constants or given curves in previous modelling (Langergraber and Šimůnek 2012, Mburu et al. 2012, Samsó and Garcia 2013b). Photosynthesis of plants increases oxygen partial pressure in the blades, and help O₂ transport to the underground parts through aerenchyma, and spread O₂ to the rhizosphere in the form of ROL. In winter although the leaves wither in winter, the reservation of ventilation tissue promotes the ROL. In this study, ROL is referred to the formula from Cook et al .(Cook and Knight 2003, Cook et al. 2013),
is calculated by Equation (6).

$$ROL = \frac{2\pi D_l L_0 (S_{root}^* - \alpha_o S_o)}{\ln(R/a)} \exp(-z/Z_r)$$
6)

Where D_l is the diffusion coefficient for oxygen in the soil water $[m^2s^{-1}]$; L_0 is the root length density at z=0, mm-3; S_{root}^* is the interface between the saturated soil layer and root surface in the liquid phase, mgL-1; z is the depth, m; Z_r is the scaling depth, m; R is the radius of a zone of saturated soil around the root plus the root, m ; a is the parameters of the root radius, m. Depth is the main factor effect the magnitude of ROL, the ROL is high in surface layer and decreases exponentially against the depth.

314

315 (2) Internal organic carbon (IOC) loading from root exudate.

316 The organic loading changes the microbial community and determines the growth of 317 heterogeneous denitrifying bacteria (Zhai et al. 2013). In aerobic environment, organic 318 matter can be metabolized by a large number of heterotrophic bacteria through oxygen. The 319 internal organic loading from filling material and root exudates should not be ignored. As 320 for the gravels without specially treated, the plants roots are the largest internal source of 321 organic matter. According to the experimental researches, DOC released by root is affected 322 by photosynthesis, temperature, light-regime, nutrient availability and the plant species 323 (Van Veen 1991). Carbon released from living plant roots to soil have been reported to 324 account for 15-25% of below-ground allocated carbon (Kuzyakov 2002) and 10-40% of 325 the net primary production of the plants (Warembourg 2003). In daytime or high 326 temperature roots exudes more organic matter than in the dark or low temperature. In this

study, considering the temperature impacts on plant roots, we introduce the internal organic
carbon (IOC) loading by plants as :

$$IOC = K_{root} \cdot \theta_{rc}^{(T-20)}$$

in which, K_{root} is the organic carbon exudate from plant roots at 20°C, mgL⁻¹ h⁻¹. θ_{rc} is the temperature coefficient. T is the water temperature. The IOC from roots is assumed as the uniform distribution in computed domain.

332

333 (3) Ammonia absorption

The zeolite is common for the substrates in wetland therefor was selected in this experiment. The zeolite is an adsorbent with strong adsorption capacity because of the powerful cation exchange capacity (Collison 2014), The ammonium was adsorbed by substrate besides conversion into nitrates during feeding period, and the adsorbed mass of ammonium was nitrified during the rest period provoking high nitrates concentrations consequently (Morvannou et al. 2014). The adsorption capacity of zeolite were calculate by Langmuir isothermal adsorption equation described by Equation (8).

$$S = \frac{S_{max}K_{\rm L}C}{1 + K_{\rm L}C} \tag{8}$$

where, S is the amount of adsorbate on the adsorbent, $g \cdot g^{-1}$; K_L means the distribution coefficient of Langmuir, $m^3 g^{-1}$; S_{max} is the maximum amount of adsorbate on the adsorbent, $g \cdot g^{-1}$; C is the concentration of the dissolved species, g L⁻¹. The coefficient values of S_{max} , K_L refer to the experimental studies (Lu et al. 2016).

345

346 (4) Clogging and limitation of biomass

The clogging process led by the particle materials attachment on the substrate is considered in the simulation following by (Samsó and Garcia 2013b, Boog et al. 2019). The particle COD composed of X_S and X_I , which are both separated to the mobile and immobile parts, obeys the 1st-order attach-detach process.

Additionally, the processes are taken into consideration referring Boog, (2019) and Samsó (2013): (1) Microbial reproduction over the medium impedes bacterial growth, the parameter is M_{bio_max} ; (2) Restriction of bacterial growth by particulate matter attached to the medium, the parameter is M_{cap} (Equation 9).

$$\frac{\partial X_i}{\partial t} = K_{grow} \left(1 - \frac{\sum X_k}{M_{bio_max}} \right) \left(1 - \frac{X_I}{M_{cap}} \right) X_i - K_x \tag{9}$$

in which, X_i is the concentration ith bacteria, ngL-1; K_{grow} is the maximum growth rate of bacteria, mg L⁻¹ h⁻¹; M_{bio_max} is the concentration of total microbial species which arise the microbial reproduction growth limitation, g L⁻¹; M_{cap} is the concentration of total particle maters which limit the growth of microbial matters, g L⁻¹; X_I is the inert particle COD. K_x is the hydrolysis rate of bacteria, mg L⁻¹ h⁻¹.

360 3. Results and Discussion

361 3.1 Model calibration

The IVCWs with plant and without plant are modelled by CWM1. The modelled time period are consistent with experimental period from May 2014 to Aug 2015. The influent concentrations of components as organic loading (glucose), NH₄-N, TN and DO were measure frequently, shown in Table 1. These concentrations correspond to mean values measured in all samples and are 0 for S_{NO} , S_{H2S} , and S_{SO4} . Influent concentrations of bacteria 367 groups are generally very small in comparison to the amount present within the granular368 media and were neglected.

The influent COD consisted of inert COD (CI), readily biodegradable COD (CR) and slowly biodegradable soluble COD (CS). The fractioning of the influent COD was made using recommended values for primary effluents in Activated Sludge Models (ASMs) (Henze 2000). Since total COD was represented by glucose, according to (John et al. 2020), the proportion of each fraction was defined to be: SF 94.4%, SI 2.8%, XI 2.8%, XS and SA is 0%. All components in influent set to the boundary are aqueous (mobile).

The initial concentrations of all simulated components and bacterial groups in wetland were set to values zero to recreate the start-up situation and to reduce the impact of imposed initial conditions on bacteria distribution. The initial condition was eliminated in about 30 days.

379 The treatment performance in different seasons, the time series of water temperature,380 shown in Fig. 4, were brought into simulations as the forcing term.



381

382

Fig. 4 Time series of water temperature during the simulated period

The material properties of 3 kinds of substrates filler (Fig. 1) in each layer are described by van Genuchten model, and the saturated permeability was calculated by the empirical formula utilized the grain size and porosity (Odong 2007). The parameter or coefficient values are listed in Table 1. The dispersion of mass transport at longitudinal and transverse direction are $0.4 \text{ m}^2\text{s}^{-1}$ and $0.01\text{m}^2\text{s}^{-1}$ respectively. There is no trace experimental data is available for calibration.

389

T	Thickness	Particle size		1 (. 2)	α		0	0
Layer	(cm)	(mm)	n	K (M)		m	Θ_r	Θ_s
1 st	35	2-4	0.4	1.97×10 ⁻⁶	14.5	4	0.01	1.0
2 nd	25	2-4	0.45	2.90×10 ⁻⁶	14.5	4	0.01	1.0
3 rd	30	4-8	0.45	1.16×10 ⁻⁶	14.5	4	0.01	1.0

390 **Table 1.** Parameter values of material properties in 3 substrate layers

391

392 The two main aspects of plant effects in modelling are considered as ROL and IOC, 393 which are switched off in the no-plant (NP) modelling, and switched on in with plants (WP) 394 case. The CWM1 model possesses amount of parameters, and most parameter values in the 395 paper are from published references (Langergraber et al. 2009, Toscano et al. 2009) (Samsó 396 and Garcia 2013b), some are calibrated by experimental data. Besides the inherent ones, the 397 parameter values of ROL and internal organic carbon (IOC) loading from plant roots are 398 from references and calibration. The aeration by intermittent influent is calibrated by the data 399 of unplanted IVCW experiment. The important parameters are listed in Table 3.

400 **Table 2.** Parameters calibrated or referenced in the model.

Parameters	Description	Value	Source
Aeration (O	TR+ROL)		
k _{La,A}	Coefficient in OTR of unsaturated zone, h ⁻¹	7	-
k _{La,R,down}	Coefficient in OTR in down-flow chamber, h ⁻¹	0.8	-

$k_{La,R,up}$	Coefficient in OTR in up-flow chamber, h^{-1}	0.37	-			
D	Diffusion coefficient for S_0 for ROL, $m^2 s^{-1}$	2 4 10-9	9.9×10 ⁻¹⁰ ~2.66×10 ⁻⁹ (Cook and			
D_{lo}		2.4×10	Knight 2003)			
L_0	Root length density at $z=0m$, $m^3 m^{-3}$	10 ⁵	$10^2 \sim 10^5$ (Cook and Knight 2003)			
		0.0	0.291~ 0.489 (Cook and Knight			
$lpha_o$	Bunsen adsorption coefficient, -	0.8	2003)			
S _{root}	$S_{\rm O}$ at the root surface, mg $O_2L^{\text{-}1}$	2	1~10 (Cook, 20103)			
Z_r	Scaling depth, m	0.12	0.1~1.0 (Cook and Knight 2003)			
Internal org	anic loading from root exudate					
K _{root}	Carbon release from plants roots, mg $L^{-1} d^{-1}$	7.2	Calibration			
0	Coefficient of correcting K_{root} by	1 1	Calibration			
Θ_{carbon}	temperature, -	1.1				
Ammonia a	bsorption					
G	Maximum amount of adsorbed concentration,	0.00125				
\mathcal{S}_{Max}	kg kg ⁻¹	0.00135	(Lu et al. 2016)			
K _L	Coefficient of Langmuir, m ³ kg ⁻¹	0.0145	(Lu et al. 2016)			
Calibrated J	Calibrated parameters in CWM1					
M	Microbial reproduction over the medium	2.7				
$\mathbf{M}_{ ext{max,bio}}$	impedes bacterial growth, g COD L ⁻¹	2.1	Calibration			
M	Restriction of bacterial growth by particulate	40	Calibertian			
M_{cap}	matter attached to the medium, g COD L^{-1}	40	Calibration			

	Correction factor for denitrification by		0.8 (Langergraber et al. 2009,
η_g	heterotrophs, -	1	Toscano et al. 2009)
V.	Saturation/inhibition coefficient for S_0 , mg O_2	2	0.2 (I
K _{OH}	L^{-1}	2	0.2 (Langergraber et al. 2009)
V	Saturation/inhibition coefficient for $S_{\rm NH}$, mg	1.5 (20°C)/	0.5 (20°C)/ 5.0 (20°C)
K _{NHA}	N L ⁻¹	4.0 (10°C)	(Langergraber et al. 2009)

In the experiment, the concentration of effluent and the water inside the wetland was sampled and measured. The comparisons of measured effluent concentrations of COD, NH₄-N and TN with simulated concentrations without and with plant (abbreviation for 'NP' and 'WP') during May 2014 to Aug 2015 are shown in Fig. 5. The measured variables are denoted by the symbols and the computed results are indicated by lines.



408 **Fig. 5.** Experimental influent and effluent concentrations (diamonds, deltas and squares) 409 and the simulated effluent concentrations with plant and without plant effects (red solid and 410 black dash line) during modelling period. (a) COD (mgO₂ L^{-1}), (b) NH₄–N (mg N L^{-1}) and 411 (c) TN (mg N L^{-1}).

412

The inflow COD, NH₄-N and TN are reduced by both laboratory-scale IVCWs, and the planted IVCW has better treatment performance than unplanted one in the whole year, that is indicated by the measurements and the simulated results. The COD removals are considerably high (>85%) in both with and without plant IVCWs during the operating period. The nitrogen removals are highest in summer and lowest in winter. The lowest removal appears in Feb 2015. The contrasts of NH₄-N and TN removal between IVCWs with and without plant are remarkable in winter, which planted IVCW has 75-85% removal 420 rates and unplanted IVCW has 40~50% rate. It is consistent with many practical 421 applications and experiments that the nitrogen removal variation along with the seasons in 422 treating nitrate-laden wastewater of CWs (Boog et al. 2019). The season's efficiency of 423 nitrogen removal from high to low are in the turn of summer, autumn spring and winter 424 (Chang et al. 2013). The treat performance of nitrogen decreases in second year, shown by 425 both measurements and simulations, which may due to the small size of IVCW, and the fast 426 development of clogging process.

In terms of the effluent concentrations in the first year summer, there is no significant difference between the planted and unplanted IVCW. The interior water was sampled and measured in August 2014 for inside investigation (in Fig. 1). The simulated COD, NH_4 -N, TN and DO along the polyline in Fig. 3 are plotted and compared with the measured data in Fig. 6. The polyline passes through the down-flow chamber (DFC), the bottom (BOT) and the up-flow chamber (UFC), which are denoted in Fig. 6.



434 **Fig. 6.** Experimental data of without and without plants (deltas and squares) comparing 435 with simulated results along polyline without plant effects (red solid line) and with plant 436 effects (blue dash line) on Aug 15th 2014 for (a) COD (mgO₂ L⁻¹), (b) NH₄–N (mg N L⁻¹), 437 (c) TN (mg N L⁻¹) and (d) DO (mg O₂ L⁻¹).

438

439 High levels (96 and 97%) of COD were successfully removed from artificial 440 wastewater by two laboratory-scale IVCWs with plants and without plant, respectively. 441 Although subtle differences between the effluent of NP and WP IVCW appear in Fig. 6 in 442 August 2014, the interior differences of nitrogen are remarkable. The COD, NH₄-N and TN 443 decreases gradually along the flow stream in both IVCWs. The COD profile in planted 444 IVCW is similar with that in unplanted one. The concentrations of NH₄-N and TN in 445 down-flow chamber and bottom in NP IVCW are higher than those in WP CW. In planted 446 IVCW, the NH₄-N and TN are removed about 80% in down-flow chamber, and the reduction 447 of the rest nitrogen become slowly. As the contrary, the removals of nitrogen in down-flow 448 chamber in NP IVCW are about 50%, and the removal rates persist in bottom and up-flow 449 chamber. NH₄-N and TN in the down-flow chamber decreases more rapidly in WP than in 450 NP CW.

The laboratory-scale IVCWs fed by intermittent wastewater exhibit the high efficiency of COD and nitrogen removal. There are sufficient DO for the degradation of COD and NH₄-N in both IVCWs. Additionally, the effluent DO indicates the differences between NP and WP IVCWs in Fig. 6. Down-flow chamber in IVCW is the area for DO consumption resulting the similar DO profiles from the surface to bottom in both CWs. DO rises in UFC from the bottom to surface, and DO in WP is higher than that in NP at the outlet. In general, the simulated time serial of effluent and profiles of COD, NH₄-N and TN in

In general, the simulated time serial of effluent and profiles of COD, NH₄-N and TN in summer in both IVCWs are in agreement with the measured data, which proves the reasonable setting for plant effects in model.

461 3.2.1 Hydrodynamics and water quality in IVCW

The measurements are applied for the model calibration and validation, while modelling results provide the spatiotemporal data of variables to investigate the relationship between those variables. There is no distinct hydrodynamic difference in the planted and unplanted CWs due to the model settings, and the simulated distributions of saturation and flow speeds in IVCWs are shown in Fig. 7 (a) and (b).





Fig. 7 Distribution of saturation (a), flow field (b) in IVCW

468

The substrates at surface layer in the down-flow chamber is unsaturated, the rest area is saturated. In Fig. 7 (a), the domestic flow direction in two chambers are opposite. The highest magnitude of flow speeds occurs at the joint area at bottom of two chambers, the lowest flow speeds appears at ancipital bottom corners, where may form the dead zone in IVCW.

Under the steady hydrodynamic conditions, the bio-chemical processes form the spatial distinct patterns of DO, COD, NH₄-N and TN in planted and unplanted IVCWs. The distributions of DO, COD, NH₄-N and TN in Aug 15th 2014 in the unplanted IVCW are selected and shown in Fig. 8.

477





Fig. 8. Distributions of DO(a), COD(b), NH₄-N (c) and TN (d) on Aug 15th 2014 in unplanted IVCW

The intermittent influent generate the partially unsaturated zone in the top layer of CWs that possess high oxygen transfer capacity, and boosts the nitrification reaction. The concentration of COD, NH_4 -N and TN decrease following the flow streams from down-flow chamber to up-flow chamber, in which COD drops faster than NH_4 -N and TN. The aerobic and anoxic conditions alternately exist in IVCWs as seen in Fig. 8.

In practice applications, both horizontal subsurface flow (HSSF) CWs and IVCWs have been widely employed to treat polluted surface water or domestic waste water (Chang et al. 2013). Due to the structural differences, IVCWs provide the meandering flow and aerobic-anoxic-aerobic alternately conditions for nitrification and denitrification, while HSSF CWs offers the smooth horizontal flow and predominant anoxic condition for denitrification. Therefore, which kind of CWs should be designed and applied for thetreatment partly is based on the nitrogen component of the influent.

491 3.2.2 Nitrogen removal with COD/N ratios in unplanted and planted IVCWs

492 The proper quantities of organic carbon feeding into the CWs can overcome the 493 limitations of deficient carbon loading to support denitrification and upgrade the nitrogen 494 removal performance (Ingersoll and Baker 1998, Chang et al. 2013). The COD/N ratio at 495 2.5 showed highest TN removal in Zhao et al. (2010), while in the other researches, the 496 proper COD/N ratios in a range of 2.5–20 in Fan (2013), and 6 in (Ding et al. 2012). The 497 influent COD/N ratio are related to DO supply which may affects the balance between 498 nitrification and denitrification in CWs, and COD/N ratios in a range of 2-20 (Wang et al. 499 2020), and COD/N ratios at 10 in Wu et al. (2016). The COD/N ratios to promote nitrogen 500 removal alter with plantation, temperature, wetland configurations, aeration, nitrogen 501 composition, therefore it is not universal value(Saeed and Sun 2012).

N removal show different in unplanted and planted IVCWs in section 3.2.1. To explore the appropriate influent COD/N for nitrogen removal, a series of COD/N ratios for unplanted and planted CWs respectively are simulated. The constant temperature at 25° C and same parameters setting in section 3.1 are employed in the models. The first scenario presents the unplanted CW, and the second scenario presents the planted CW. Both simulations run two months period for analysis. The removal of NH₄-N and TN along COD/N ratios under unplanted and planted IVCWs are plotted in Fig. 9.



Fig. 9. Simulated NH₄-N (left) and TN (right) removal against COD/N ratio of unplanted
and planted IVCWs

509

513 In the intermittent feeding waste water, NH₄-N is predominant component in the 514 nitrogen composition. The 80% removal is set as the high treating performance. The high 515 NH₄-N removal are at COD/N < 7.2 in NPCW and COD/N < 10.5 in WPCW, which are the 516 threshold values for NH₄-N removal. If COD/N is larger than the threshold values, the 517 removal drops fast. When COD/N ranges in 4-7 in NPCW and in 3-10 in WPCW, TN are 518 treated efficiently, and the ratio range of WPCW are wider than that of NPCW. The lower 519 COD/N ratios indicates deficient carbon for bacteria growth and restricts denitrification, 520 while higher COD/N ratios causes high DO consuming, consequently inhibits the 521 nitrification, and both situations results low TN removal.

The COD/N ratio of influent in the experiment is about 6.0-7.1, which approaches the upper limitation of the high nitrogen removal of unplanted CW. The organic loading is sufficient for the nitrification in NPCW, however it is in the appropriate range of WPCW. The IVCW with plants can tolerate the large changes of carbon loading and maintain the high treat performance, which have been observed by experiments (Huett et al. 2005, Zhu et al. 2014).

528 3.2.3 Effects of plants and temperature on treatment performance

The combined two aspects of plants root as ROL and IOC introduced in section 2.2.3 are set in the model for WP computations in section 3.2.1. DO is a crucial factor for treatment, and ROL function was already mentioned and simulated by (Langergraber and Šimůnek 2012, Saeed and Sun 2013, Samsó and Garcia 2013a). The increasing DO from ROL enhances the removal of COD and NH4-N in CW system, while in low temperature condition, increasing DO may weaken the TN the removal (Boog et al. 2019).

In order to investigate the contributions of ROL and IOC separately in treatment, based on the NP model, ROL only and IOC only are added and employed in modelling. The comparisons is consists of 4 cases abbreviated as "NP", "ROL", "IOC" and "WP", and the WP case combines the function of ROL and IOC as before. The boundary conditions and the parameters setting in the model are identical with those in section 3.1.

540 The time series of effluent results of 4 cases are exhibited in Fig. 10, by red solid line, 541 green dash line, blue dash dot line and black long dash line, respectively.



Fig. 10. Simulated time series of effluent concentrations of NP, ROL, IOC and WP cases during modelling period. (a) COD (mgO₂ L^{-1}), (b) NH₄–N (mg N L^{-1}) and (c) TN (mg N L^{-1}).

546

547 The removal varied in the year corresponds to seasons. The activity of bacteria is 548 weakened at low temperature, therefore DO consumption decreased, especially by 549 nitrifying bacteria. The sufficient DO levels inhibited the activity of denitrifying bacteria 550 $X_{\rm H}$ and decreased NO_X-N removal.

551 Compared to the NP case, the ROL function promote the removal of COD, NH₄-N 552 significantly especially in winter, which is similar to WP case. As for the TN removal, the 553 promotion by ROL are unremarkable against WP. In the sometime of summer, TN removal 554 by ROL is slightly higher than NP based on the comparative high removal. ROL vitalizes 555 the heterotrophic bacteria X_H and autotrophic nitrifying bacteria X_A to reduces the COD and 556 nitrify NH₄-N, nevertheless, it might inhibit the denitrification process and decrease the NO_X-N removal. The computed the COD and NH₄-N concentration of effluent in ROL 557 558 cases are approximate to the WP case, while the TN values in winter and next year are high 559 than that in WP. The function of IOC drags down the removals. IOC in the substrates 560 consumes oxygen and depress the elimination of COD, NH₄–N and TN. The compound 561 function of ROL and IOC achieves the best performance. The order of removal efficiency 562 from low to high is IOC, NP, ROL and WP.

563 Two typical moments for summer and winter are selected to study the temperature 564 impacts (in Fig. 10). The concentration of COD, NH_4 -N, TN and DO along the polyline 565 inside the IVCW on August 15th 2014 for 4 simulation cases are exhibited in Fig. 11.



566

Fig. 11. Simulated results along polyline of NP, ROL, IOC and WP cases on Aug 15th 2014. (a) COD (mgO₂ L⁻¹), (b) NH₄–N (mg N L⁻¹), (c) TN (mg N L⁻¹) and (d) DO (mg O₂ L⁻¹).

570

All IVCWs operate well in summer with the low contaminate concentration in effluent.
The profiles of COD, NH₄-N, TN and DO in NP and IOC case are approximate, although

the concentrate value are little higher in IOC case than those in NP case. IOC lowers DO demand for nitrification and COD removal along flow way, since IOC is evenly distributed in IVCW. The ROL and WP cases, most COD, NH4-N and TN from influent are eliminated powerfully in the DFC with the dropping DO, consequently DO escalates due to the less residual pollutants to be treated in the UFC.

578 Taking the NP case as a reference, DO changes (Δ DO) in ROL, IOC and WP cases in 579 the whole domain are displayed in Fig. 12.

580



582 Fig. 12. DO changes (Δ DO) distribution of ROL, IOC and WP against with NP in 583 IVCWs. (a) Δ =ROL-NP (mgO₂ L⁻¹), (b) Δ =IOC-NP (mgO₂ L⁻¹), and (c) Δ =WP-NP (mg 584 O₂ L⁻¹).

585

586 Under the function of ROL, DO increases slightly in the top thin layer of down-flow 587 chamber, and rises obviously in the half upper layer of up-flow chamber, indicated in Fig. 588 9(a). Without the ROL supply, OTR provides DO for biochemical reaction and transport 589 through the flow in Fig 6. IOC in substrates causes the competition of DO consumption and 590 aggravates the DO deficiency at bottom in IVCW (in Fig 9(b)). The combination function 591 of ROL and IOC, DO ascends in some area in the upper layers.

In winter, the treat performance declines with the descent temperature. The concentration of COD, NH4-N, TN and DO along the polyline inside the IVCW on Jan 15th 2015 for 4 simulation cases are exhibited in Fig. 13.



597 **Fig. 13.** Simulated results along polyline of NP, ROL, IOC and WP cases on Jan 15th 598 2015. (a) COD (mgO₂ L⁻¹), (b) NH₄–N (mg N L⁻¹), (c) TN (mg N L⁻¹) and (d) DO (mg O₂ 599 L⁻¹).

596

601 Comparing the performance in summer, COD removal declines slightly, while NH₄-N 602 and TN removal descend appreciably in winter. Going to the profiles, the IOC and NP 603 cases have similar pattern, and WP and ROL cases show the resemblance. In IOC and NP 604 cases about 61%~83% COD is ridded in DFC, and eventually the removal are about 605 85~92%. The NH4-N and TN increases about by 7% instead of decrease in DFC, then drop 606 slowly at bottom and UFC, decrease by 40%~60% at outlet. The NH4-N removal in WP 607 and ROL IVCWs keep high as 90%, and TN removal in ROL IVCW is 64% which is lower 608 than 81% in WP IVCW. The inhibition of nitrification is initiated with an increase in 609 carbon loads. (Wu et al. 2013)

610 In order to improve the understanding of the treat performance changes in seasons, the 611 distribution of heterotrophic bacteria (X_H), autotrophic nitrifying bacteria (X_A) and

612 fermenting bacteria (X_{FB}) along the polyline inside the IVCWs in summer and winter are

613 plotted in Fig. 12.

614

Fig. 12. Simulated bacteria of X_H, X_A and X_{FB} along polyline of NP, ROL, IOC and
WP cases on Aug 15th 2014 and Jan 15th 2015.

618

619 A large amounts of heterotrophic bacteria X_H accumulate at the surface of down-flow 620 chamber (DFC) in IVCW in Fig. 12. There is competition between the two $X_{\rm H}$ and $X_{\rm A}$ in 621 the substrate biofilm. In winter, the growth rate of X_H does not drop at low temperature, while the growth of X_A was significantly inhibited (Gao et al. 2015). The competition 622 623 between X_H and X_A become intensified in low temperature condition. High density of X_H 624 lead to the high mortality and lysis, which generates a quantity of COD and NH₄-N 625 (Langergraber and Šimůnek 2005), in turns causes the slowing down removal of COD and 626 increasing NH₄-N in DFC. In winter, autotrophic nitrifying bacteria X_A reduces in 627 down-flow chamber on the contrast of high X_A in summer. Additionally the attachment of 628 particulate material also weaken the growth X_A in down-flow chamber. The spaces for X_A 629 growth is squeezed into up-flow chamber. In IOC cases, the oxygen is taken up not only by 630 the inflow COD but also the IOC forming the anoxia condition in down-flow chamber. DO 631 deficiency in down-flow chamber also transform the high fermenting bacteria X_{FB} in IOC

and unplanted CW. Part of COD is removed by X_{FB} through fermentation in anoxia condition in down-flow chamber, which results higher X_{FB} concentration and slightly lower X_{H} at some area in IOC cases comparing unplanted CW.

The increasing carbon loading enhances the consuming of limited DO and depress the nitrifying bacteria X_A , additional, it strengthens the competition between X_H and X_A , while X_H has greater advantages with higher growth rate against that of X_A . With the continuous growing of COD/N, X_A were severely restricted and the nitrification capacity almost is weakened and disappeared. A great amount X_H takes the advantage to reproduce and consequently the lysis of high mortality brings NH₄-N, which is shown as the negative removal.

In terms of main bacteria components in this model, produced by hydrolysis and high oxygen transfer capacity, a large amount of X_H grows at the surface layer of the down-flow chamber due to its high OLR in unsaturated zone. Below the 10 cm depth of down-flow chamber, X_A begins to grow and consume the oxygen, which accord with the decreasing oxygen in the down-flow chamber. The concentration of total bacterial is highest at the surface layer of the down-flow chamber due to the high pollution loads, and the mass of bacteria in down-flow chamber takes the majority share of the system.

The influent organic feeding is sufficient or slightly excessive for nitrogen removal in unplanted CW, though the COD/N ratio analysis in section 3.2.2. The additional internal organic carbon (IOC) in unplanted CW without ROL decreases the NH₄-N and TN removal, while the integration function of IOC and ROL in planted CW upgrades the performance, which are coherent to the results in section 3.2.3.

654 3.2.4 Influence of internal organic carbon on treatment performance

The deficient carbon loading cause the low nitrogen removal is the common problem of CW operation in China. In addition to the adjustment of influent COD/N, the filler

selections for increasing carbon sources are widely studied (Saeed and Sun 2012, Saeed and 657 658 Sun 2017, Wang et al. 2017, Xu et al. 2019). The IOC including the exudation from plant 659 roots, filler releases, can significantly fuel the nitrogen removal. The impacts of the 660 quantification IOC on treatment are difficult to evaluate accurately by experiment while it 661 can be calculated by model.

662 The IOC released from filler (including plant roots) show the spatial distinction from 663 the external organic carbon (EOC) from influent, which may generate the different treating performance. In order to investigate the IOC and EOC effects on treatment performance. 664 Assuming the constant temperature at 25° °C, OTR level as same as the section 3.1, and 665 666 ignoring the ROL, the hypothetical organic carbon loading rates (OLR) was simulated at 667 different levels in two scenarios. The first scenario (I) consisted in a set of simulations with 668 same initial condition, nitrogen loading, oxygen transfer rate, temperature and zero IOC 669 loading during the cross-validation scenario except the influent COD loading as EOC is set 670 to different constant values in each simulation. In the second scenario (II), EOC is switched 671 to zero and IOC is set to varied values, while the rest settings are identical to scenario (I). 672 Each simulation lasts 60 days to reach the steady-state status for analysis.

673 The nitrogen in the system removal changes with the increasing external or internal 674 organic loading rates (OLR), shown in Fig. 13. The red solid lines indicates the removal of 675 NH₄ and TN under EOC inflow conditions, and blue dash lines denotes the IOC conditions.

677

Fig.13. Simulated removal of NH₄-N and TN against loading rates of EOC and IOC.

679

678

In scenario (I) when the OLR is lower than 40 gCOD m⁻³d⁻¹, NH₄-N removal achieves above 95%, and when OLR is greater than 40 gCOD m⁻³d⁻¹, removal drops sharply with the10 gCOD m⁻³d⁻¹ OLR amplification decreasing 35~47% removal. When OLR is over 80 gCOD m⁻³d⁻¹, the removal become negative, which means the effluent NH₄-N is larger than the influent. Similarly, low OLRs in scenario (II) lead to the high NH₄-N removal, the point of inflection is at 30 gCODm⁻³d⁻¹. Nevertheless, the removal decline rates is significantly greater in scenario (I) than those in scenario (II).

687 Higher organic loading enhances the consuming of limited DO and depress the 688 nitrifying bacteria X_A, additional, the increasing carbon loading strengthen the competition between X_H and X_A, while X_H has greater advantages with higher growth rate of X_H against 689 690 that of X_A. With the continuous growing of OLR, X_A were severely restricted and the 691 nitrification capacity almost is weakened and disappeared. A great amount X_H takes the 692 advantage to reproduce and consequently the lysis of high mortality brings NH₄-N, which is shown as the negative removal. Under the higher OLR status (larger than 45 gCOD m⁻³d⁻¹), 693 694 the IOC loading in IVCWs shows higher efficiency to remove NH₄-N than EOC loading.

695 Simulated TN removal appears a single-peak pattern with the increasing OLR in both scenarios. The peak value of TN removal is about 93% with the EOC loading at 42 696 gCODm⁻³d⁻¹ in scenario (I), and the peak removal reaches 99% with the IOC loading at 30 697 gCOD m⁻³d⁻¹ in scenario (II). Under the same OLR condition, the TN removal in scenario 698 699 (I) is higher than that in scenario (II). Wherever the organic carbon from, lower EOC or 700 IOC results the decrease of denitrifying bacteria X_H due to carbon deficiency, which 701 deteriorates denitrification of NOx-N and increases effluent NOx-N concentrations. Under 702 higher OLR condition, comparing with EOC cases, the uniform distribution of IOC relieve 703 the DO consuming at the inlet area, which helps the nitrification of NH₄-N in down-flow chamber and denitrification of NOx-N at bottom and in up-flow chamber. Therefore the TN
removal is higher in scenario (I) than that in scenario (II).

Low OLR influent brings out the low TN removal in IVCWs, and the additive organic carbon in substrate in the bottom and up-flow chamber can improve the treat performance powerfully. The filling material section and assembling in CW can be well designed by the numerical model for the best performance.

710 4. Conclusions

711 The integrated vertical constructed wetlands (IVCW) normally have a strong aeration 712 capability and powerful remediation performance, are widely applied for the waste water 713 treatment. Based on the main functions of the wetland plants, the radial oxygen loss (ROL) 714 and internal organic carbon (IOC) exudates from roots are mathematically described and 715 implemented in the CWM1 model to simulate plant effects on the remediation performance. 716 A novel model combination (OpenGeoSys#IPHREEQC) has been implemented and used for 717 the analysis of experimental results. This model combination allows the analysis and 718 interplay of aeration, internal organic carbon (IOC) loading from root exudate, ammonia 719 absorption, clogging and limitation of biomass processes for the elucidating the remediating 720 efficiency of IVCW under a broad range of conditions. The model is calibrated and 721 successfully validated by measured experimental data, presenting the removal improvement 722 by the plants. The removal of NH₄-N and TN decrease remarkably in low temperature 723 condition especially for unplanted IVCW, while the function of plants roots counteract the 724 effect of low temperature partly in planted IVCW.

Although there is no universal COD/N ratio for all CWs, the optimal COD/N ratios for high TN removal of planted and unplanted IVCWs are obtained by the model simulation instead of numerous experiments. The COD/N ratio can be used to evaluate the carbon loading levels for nitrogen removal. When the carbon loading reaches an the upper limit, single factor of ROL can support the COD, NH₄-N removal, and preserve the TN removal at elevated temperatures, while it may inhibit the denitrification and decrease TN removal at lower temperatures. The additional IOC enhances the oxygen consuming and lower the COD, NH₄-N and TN removal. The combination of ROL and IOC can improve the treat performance.

Generalizing all the organic carbon released by roots or substrates as IOC, the quantified IOC impacts on the treat performance are calculated and compared with the EOC effects. The IOC yields higher TN removal performance than the EOC at the same loading, because of the different spatial characteristics. The coupled model systems provides a useful tool for a better understanding the complex interplay of biogeochemical and hydraulic processes under variable saturation and, therefore, allowing for better design and optimal operation of CWs.

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742

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751 **Conflicts of Interest:**

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List of symbols		S _A	Fermentation products as acetate COD, mg COD L ⁻³
		S _{ads}	Adsorbed concentration, kg kg ⁻¹
а	Parameters of the root radius, m	S_I	Inert soluble COD, mg COD L^{-1}
C	Concentration of the i th dissolved component, mg L ⁻¹	S _F	Fermentable, readily biodegradable soluble COD, mg
L _i			COD L ⁻¹
Cr	O_2 concentration in the liquid phase at the root surface, kg m ⁻³	S _{max}	Maximum amount of adsorbed concentration, kg kg ⁻¹
D	Mechanical dispersion, $m^2 d^{-1}$	S _{NO}	Nitrate and nitrite nitrogen, mg N L ⁻¹
D_{lo}	Diffusion coefficient for oxygen in the soil water, $m^2 d^{-1}$	S_{NH}	Ammonium and ammonia nitrogen, mg N L^{-1}
IOC	Internal organic carbon load by root, mg L ⁻¹ d ⁻¹	S_{O}	Dissolved oxygen, mg $O_2 L^{-1}$
k	Intrinsic permeability, m ²	S_o^*	Saturated dissolved oxygen, mg L ⁻¹
V	Maximum growth rate of bacteria, mg L ⁻¹ h ⁻¹	С*	Interface oxygen concentration between the saturated
Λgrow		S_{root}^*	soil layer and root surface in the liquid phase, mg L^{-1}
$K_{\rm L}$	Coefficient of Langmuir, m ³ kg ⁻¹		Slowly biodegradable particulate COD, mg COD L ⁻¹
k _{La,A}	Coefficient in Oxygen transmission rate of unsaturated zone, -		Inert particulate COD, mg COD L ⁻¹
1.	Coefficient in Oxygen transmission rate of Intermittent water	V	Ustarotrophia hastoria, ma COD L ⁻¹
κ _{La,R}	supply, -	Λ _H	neterotrophic bacteria, mg COD L

k _{La,R,dow}	Coefficient in Oxygen transmission rate of intermitted supply in	X _{FB}	Fermenting bacteria, mg COD L ⁻¹
$k_{La,R,up}$	Coefficient in Oxygen transmission rate of intermitted supply in	X _A	Autotrophic nitrifying bacteria, mg COD L ⁻¹
κ _{rel}	Relative permeability, m ²	Z	Depth, m
K _{root}	Carbon release from plants roots, mg $L^{-1} h^{-1}$	Z _{max}	Total depth of the chamber, m
K _x	Hydrolysis rate of bacteria, mg L ⁻¹ h ⁻¹	Z_r	Scaling depth, m
L ₀	Root length density at z=0, m	α ₀	Bunsen adsorption coefficient, -
m	Coefficient in van-Genuchten model, -	a	Parameter related to the air entry in van-Genuchten model, m ⁻¹
M _{bio_max}	Concentration of total microbial species which arise the microbial reproduction growth limitation, g L^{-1}	K _{rel}	Relative permeability, m ²
M _{cap}	Concentration of total particle maters which limit the growth of microbial matters, g L^{-1}	θ	Saturation, -
n	Porosity of substrate, -	θ_{carbon}	Coefficient of calibrating K_{root} by temperature, -
OTR	Oxygen transmission rate, mg $L^{-1} d^{-1}$	$ heta_r$	Residual saturation, -
p	Water pressure, Pa	$ heta_s$	Maximum saturation, -
p_c	Capillary pressure, Pa	$ heta_{seff}$	Effective saturation, -

q	Darcy velocity, m d ⁻¹	μ	Water viscosity, kg m ⁻¹ s ⁻¹
Q_w	Source/sink term, m ² s ⁻¹	$ ho_s$	Density of substrate, g cm ⁻³
R	Radius of a zone of saturated soil around the root plus the root, m	$ ho_w$	Water density, g cm ⁻³
ROL	Root Radial Oxygen Loss, mg L ⁻¹ d ⁻¹	OLR	Organic loading rate, gCOD m ⁻³ d ⁻¹
	List of abbreviations		List of modeling cases abbreviations
CW	Constructed wetland	NP	Unplanted constructed wetland
IVCW	Integrated vertical constructed wetland	WP	Planted constructed wetland
DFC	Down-flow chamber of CWs	ROL	Radial Oxygen Loss only case
BOT	Bottom of CWs	IOC	Internal organic carbon loading only case
UFC	Up-flow Chamber of CWs	EOC	External organic carbon loading only case
Inf	Influent		
Eff	Effluent		

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