

This is the preprint version of the contribution published as:

Schubert, M., Musolff, A., Weiss, H. (2018):

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J. Environ. Radioact. **192**, 81 - 85

The publisher's version is available at:

<http://dx.doi.org/10.1016/j.jenvrad.2018.06.011>

**Influences of meteorological parameters on indoor radon concentrations (^{222}Rn)
excluding the effects of forced ventilation and radon exhalation from soil and building
materials**

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1 Abstract: Elevated indoor radon concentrations (^{222}Rn) in dwellings pose generally a potential
2 health risk to the inhabitants. During the last decades a considerable number of studies
3 discussed both the different sources of indoor radon and the drivers for diurnal and multi day
4 variations of its concentration. While the potential sources are undisputed, controversial
5 opinions exist regarding their individual relevance and regarding the driving influences that
6 control varying radon indoor concentrations. These drivers include (i) cyclic forced
7 ventilation of dwellings, (ii) the temporal variance of the radon exhalation from soil and
8 building materials due to e.g. a varying moisture content and (iii) diurnal and multi day
9 temperature and pressure patterns. The presented study discusses the influences of last-
10 mentioned temporal meteorological parameters by effectively excluding the influences of
11 forced ventilation and undefined radon exhalation. The results reveal the continuous variation
12 of the indoor/outdoor pressure gradient as key driver for a constant “breathing” of any interior
13 space, which affects the indoor radon concentration with both diurnal and multi day patterns.
14 The diurnally recurring variation of the pressure gradient is predominantly triggered by the
15 day/night cycle of the indoor temperature that is associated with an expansion/contraction of
16 the indoor air volume. Multi day patterns, on the other hand, are mainly due to periods of
17 negative air pressure indoors that is triggered by periods of elevated wind speeds as a result of
18 Bernoulli’s principle.

1 **Influences of meteorological parameters on indoor radon concentrations (^{222}Rn)**
2 **excluding the effects of forced ventilation and radon exhalation from soil and building**
3 **materials**

4 1 Introduction

5 Elevated concentrations of the naturally occurring radioisotope ^{222}Rn (hereafter referred to as
6 “radon“) in residential indoor air have been increasingly recognized as potential health risk
7 during the last decades (e.g. WHO, 2009). As a consequence a considerable number of large-
8 scale indoor radon surveys have been conducted in several European countries. Major purpose
9 of these surveys was to establish national reference levels and/or threshold values that can
10 serve as basis for the setup of action plans that aim at limiting the indoor radon exposure to
11 humans (e.g. European Council, 2014; Tollefsen et al., 2014; EEA, 2013).

12 The studies revealed that the indoor radon concentration in residential homes is governed by
13 ventilation habits, meteorological parameters, individual building characteristics, and by the
14 geological and physical conditions of the soil where radon is constantly being produced. Since
15 the latter is (besides forced ventilation) a particularly influential factor, the necessity of the
16 local enforcement of radon related legislation is mainly determined by the geological and
17 geographical setting of the area in question. The related influential parameters of the soil are
18 often summarized as its “radon potential” (e.g. Chen and Ford, 2017; Schmid and Wiegand,
19 1998). Its large-scale spatial mapping is a key tool for radon related risk assessments of
20 residential areas and allows furthermore the optimization of small-scale radon surveys that
21 aim at preventing or mitigating radon exposure to humans (Ciotoli et al., 2017).

22 However, radon accumulation in dwellings is not only controlled by radon exhalation from
23 the subsoil or building materials and by forced ventilation. Strongly influential are also the
24 local time-variant meteorological conditions (e.g. Cinelli et al., 2011; Yarmoshenko et al.,
25 2016). Related time-variant influential parameters include soil moisture, soil and air
26 temperature incl. the associated gradients, wind speed, and air pressure (e.g. Schubert and

27 Schulz, 2002). Studies that focused on diurnal variations of indoor radon concentrations have
28 shown that they are generally higher in the early morning hours and lower in the early
29 afternoon (e.g. Murty et al., 2010; Karunakara et al., 2005). While some authors associate this
30 temporal pattern primarily to the increased forced ventilation of the rooms during the daytime
31 (e.g. Vaupotic et al., 2012), others suggest the generally observed diurnal variations of wind
32 speed, air pressure and/or temperature as interrelated key drivers (Goglack and Beck, 1980;
33 Porstendörfer et al., 1991; Porstendörfer, 1994; Schubert and Schulz, 2002).

34 Most recent studies that focus on diurnal changes in indoor radon concentration discuss the
35 combined impact of (i) individual ventilation habits, (ii) building characteristics, (iii) radon
36 exhalation from soil and building material and (iv) meteorological influences. However,
37 approaches that allow disentangling the individual contributions of these impacts are scarce.
38 In the presented study we used an experimental setup that allows focusing exclusively on the
39 meteorological influences by effectively eliminating the influence of both forced ventilation
40 and undefined radon exhalation.

41 Continuous time series of radon concentration, temperature, air pressure and wind speed were
42 recorded over a two month period inside and outside a closed (but not completely air-tight)
43 container that was exposed to meteorological influences. The container was equipped with a
44 defined radon point source. No other potential radon source (subsoil, building material) was
45 present within the container. Hence, the approach resulted in indoor radon time series that
46 were unaffected by both soil or building characteristics and ventilation habits. The results
47 allowed thus the individual evaluation of the impact of varying indoor/outdoor gradients of
48 meteorological parameters.

49 2 Materials and methods

50 2.1 Determination of radon exhalation rate

51 A piece of high grade uranium ore (pitchblende) from the vein-type deposit Niederschlema-
52 Alberoda, Germany, was used as radon point source. For determination of its radon exhalation

53 rate measurements were carried out under laboratory conditions applying a mobile radon-in-
54 air monitor (AlphaGuard, Saphymo). For the measurements the source was placed in a radon-
55 tight stainless steel box (volume 0.2 m³) that was equipped with an inlet and an outlet port.
56 After placing the source in the box the box was closed and sealed. Subsequently the enclosed
57 air volume was pumped in a closed loop through box and radon monitor by means of a radon-
58 tight gas pump (AlphaPump, Saphymo). Both detector and pump were placed on the lid of the
59 steel box, which allowed keeping the (also radon-tight) connecting tubing (Tygon, Saint-
60 Gobain) as short as possible (in total ca. 50 cm). The radon inventory of the air volume (I_{Rn} ;
61 [Bq]) was recorded continuously as time series in 10 min counting intervals. The total volume
62 of circulating air was 0.2005 m³. The pump rate was kept constant at 1000 cm³/min. The
63 experiment was carried out twice in order to improve the statistical reliability of the result.
64 Each measurement started with a radon background concentration of 25 Bq/m³, which equals
65 a radon background inventory of the closed system of $I_{Rn} = 5$ Bq.
66 Continuous radon exhalation from the radon point source resulted in a gradual increase of I_{Rn}
67 within the closed system. The slope of that increase started with a virtually linear rise that
68 flattened out with time and gradually approached a steady state plateau. The calculation of the
69 radon exhalation rate of the radon point source was made in two independent ways, (i) based
70 on the virtually linear slope of the I_{Rn} increase that was recorded during the first three hours
71 and (ii) based on the final steady state inventory of the circulating air volume.

72 2.2 Container measurements

73 For investigation of the influences of varying meteorological parameters on the indoor radon
74 concentration excluding the effects of forced ventilation and radon exhalation from soil and
75 building materials a 33.2 m³ (5.90 x 2.36 x 2.38 m) steel container was placed outdoors where
76 it was exposed to wind, temperature and air pressure. Within the container the radon point
77 source was placed in front of a desk ventilator, which kept the container indoor air
78 continuously in slight motion. Radon concentrations, air temperatures and air pressures were

79 measured both inside and outside the container as continuous time series over a period of two
80 months by means of two mobile AlphaGuard radon monitors. Both monitors were run
81 simultaneously set to a 10 min counting cycle. Additionally the pressure gradient between
82 inside and outside of the container was recorded by means of a low-level pressure difference
83 monitor (Multi Sensor Unit, Genitron). Furthermore the outside wind speed was recorded
84 using a mobile weather station (Kestrel® 4500). Missing wind speed values that resulted from
85 short-term power outages of the weather station were filled with equivalent data from an
86 external nearby station. A bias-correction was applied to these external data using a linear
87 relation between external smoothed measurements as predictor and local smoothed
88 measurements as response ($R^2 = 0.48$).

89 For radon measurements both indoor and outside air were pumped into the respective
90 AlphaGuard detection chambers at a rate of 0.3 L/min. The outside radon monitor was placed
91 on the roof of the container sheltered by a tarpaulin. The indoor radon monitor was placed in
92 the center of the container. The doors of the container were kept shut all the time. Still, a
93 small ventilation hole in the container wall (2 above the container floor) was kept open to
94 allow limited air exchange with the outside. The hole was ca. 3 cm in diameter and covered
95 by a screen plate that sheltered it from the direct impact of wind gusts. The container was
96 completely purged with outside air before the experiment was started. For the evaluation of
97 the final indoor and outdoor R_n time-series, smoothing by running mean and correlation
98 analysis (Pearson's correlation) was used.

99 3 Results and discussion

100 3.1 Determination of radon exhalation rate

101 Two completely independent datasets were used for calibration of the radon point source
102 (each with $n = 2$): the initial I_{Rn} slope that developed over the first three hours of the
103 measurement and the final I_{Rn} equilibrium that was reached after about three weeks and was
104 confirmed with a fitted function (Fig. 1). In the initial stage of each experiment the I_{Rn} vs.

105 time slope represented the radon exhalation rate of the point source directly (F_{slope} [Bq/s]).

106 The final steady state phase, on the other hand, allowed calculating the radon exhalation rate

107 within the steel box that is needed for maintaining the steady state concentration (F_{eq} [Bq/s]).

108 The F_{slope} data revealed a radon exhalation rate of the point source of 0.26 Bq/s with a high

109 statistical reliability ($R^2 = 0.99$; Fig. 1A). The F_{eq} dataset revealed a steady state radon

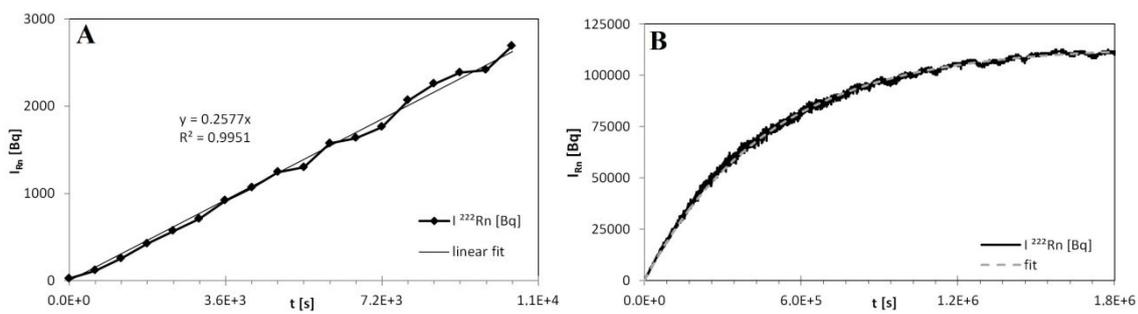
110 inventory of 114 kBq (Fig. 2B), which implies a constant support by a radon exhalation of

111 0.24 Bq/s, thus agreeing with the value revealed by F_{slope} . Since undesired radon escape from

112 the closed system during the three weeks of the experiment cannot be ruled out completely the

113 radon exhalation from the point source was defined to be 0.26 Bq/s as revealed by the initial

114 slope.



115

116 Fig. 1: Source calibration datasets “radon inventory vs. time” revealing an exhalation rate of

117 $F_{\text{slope}} = 0.26$ Bq/s based on the initial slope (1A) and an exhalation rate of $F_{\text{eq}} = 0.24$ Bq/s

118 based on the steady state inventory ($I_{Rn} = 114$ kBq; 1B)

119

120 3.2 Container measurements

121 3.2.1 Initial slope

122 All field data was recorded as time series in 10 min intervals. After starting the measurement

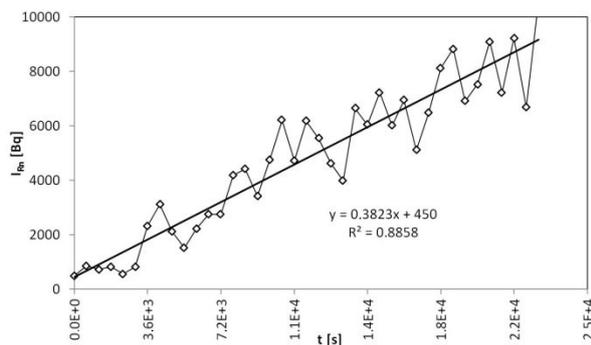
123 it took about six days to reach steady state conditions within the container, i.e. an indoor

124 radon concentration (of about 1.8 kBq/m³) that is in equilibrium with the exhalation rate of the

125 point source under the given conditions (i.e. air volume and the limited air exchange rate of

126 the container).

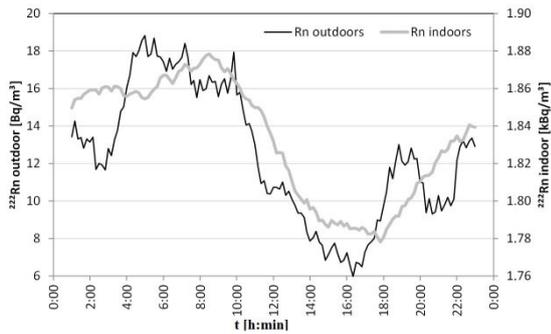
127 The slope of the gradually rising indoor radon inventory during the initial seven hours of the
 128 experiment is displayed in Fig. 2. It reveals a radon exhalation rate of the point source of
 129 0.38 Bq/s. This exhalation rate is 0.12 Bq/s higher than the one calculated based on the data
 130 from the source calibration experiment under laboratory conditions but is still in the same
 131 range. The slightly higher exhalation rate that was detected in the container might be due to an
 132 elevated moisture content of the radon source due to the given outside conditions in the
 133 container (Stranden et al., 1984). Additionally it has to be noted that the coefficient of
 134 determination of the linear regression of the applied seven hours' time series is lower than the
 135 associated value of the laboratory experiment, indicating a lower statistical reliability of the
 136 resulting value. This higher variability of the radon data becomes obvious in the rather
 137 unsteady plot shown in Fig. 2 (if compared to Fig. 1). It is a result of the low concentrations in
 138 the initial stage of the container experiment.



139
 140 Fig. 2: Dataset “radon inventory vs. time” revealing an initial slope of 0.34 Bq/s

141
 142 3.2.2 Diurnal variations

143 Both the recorded indoor and outdoor radon time series show consistent daily variations.
 144 Fig. 3 displays the individual diurnal patterns averaged over the complete runtime of the
 145 experiment (excluding the increase indoors over the initial six days). The noise is smoothed
 146 out by using a running mean of twelve 10 min steps. Both plots show the same general
 147 pattern: elevated concentrations in the morning and lower concentrations in the afternoon.



148

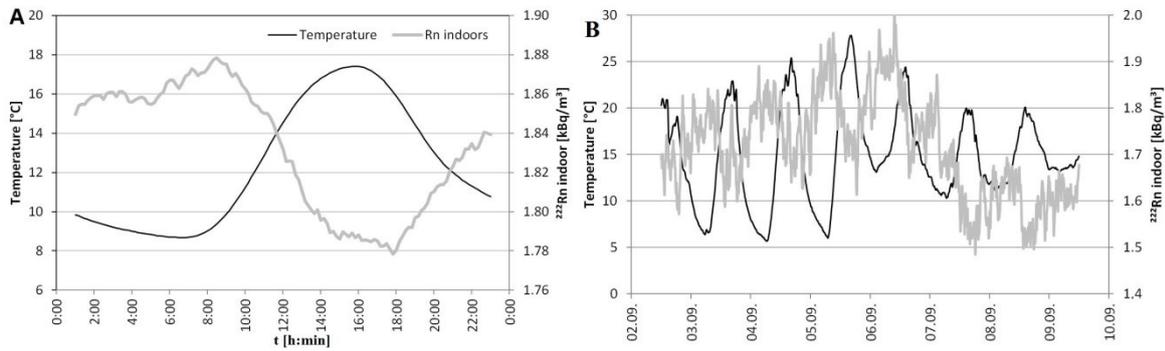
149 Fig. 3: Diurnal radon patterns averaged over the complete two months runtime

150

151 A comparable pattern has been reported for radon concentrations measured directly at the soil
 152 surface by Schubert and Schulz (2002). The authors explained this characteristic diurnal
 153 pattern with the periodically inverting temperature gradient in the top soil layer, which
 154 governs the magnitude of the contribution of convective soil gas migration to the overall
 155 radon exhalation from the soil pore space (including both advection and diffusion). They
 156 argued that the cooler temperature of the air compared to the soil temperature during the early
 157 morning is triggering convective radon degassing. During the afternoon, on the other hand,
 158 the temperature gradient is inverted thus hampering a “thermal breathing” of the soil and
 159 obstructing radon exhalation.

160 The average diurnal concentration pattern that was measured outside the container during the
 161 experiment could be explained with this temperature gradient triggered process discussed by
 162 Schubert and Schulz (2002). However, the diurnal radon concentration pattern recorded
 163 within the container must be caused by different drivers. The outside temperature was always
 164 cooler than the inside temperature of the container (on average by 3.4 °C), which implies that
 165 no cyclic inversion of the temperature gradient between outside and container interior took
 166 place. Temperature-triggered ventilation of the container is hence not driven by a periodical
 167 “thermal sealing” as discussed by Schubert and Schulz (2002) but rather by the absolute
 168 indoor temperature. This diurnal temperature pattern varied between about 9 °C in the

169 morning and about 17 °C in the late afternoon (thus covering a temperature range of 8 K) and
170 plotted inversely to the pattern of the indoor radon concentration (Fig. 4).

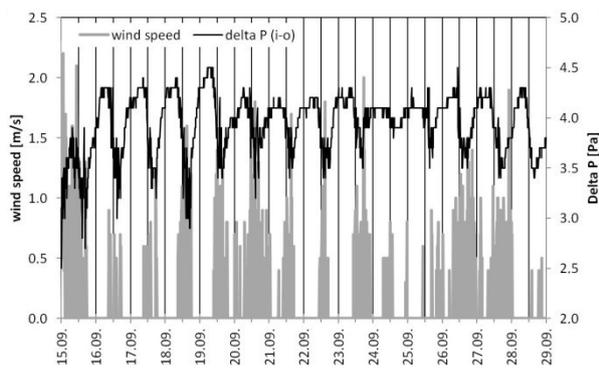


171
172 Fig. 4 A: Diurnal indoor radon and temperature patterns averaged over the complete two
173 months runtime; 4B: Exemplary unprocessed 1 week time series of indoor radon and
174 temperature

175
176 The periodical up and down of the indoor temperature results in a periodical expansion and
177 contraction of the indoor air volume. Due to the ventilation hole in the container wall the
178 expansion during the day (warmer) doesn't result in buildup of a higher inside pressure but in
179 radon "rich" air leaving the container thus leveling out the pressure gradient. On the other
180 hand, at night (cooler) the air contraction doesn't result in in buildup of a lower inside
181 pressure but in radon "poor" outside air being sucked into the container thus again
182 leveling out the pressure gradient. This process results in the recorded diurnally varying
183 steady state.

184 Any air volume expands by 0.367 % per Kelvin. That means in our case that the 32 m³ air
185 volume within the container expanded periodically between morning and late afternoon by
186 ca. 3 % (corresponding to a ΔT of 8 K), thus reducing the radon concentration within this
187 "heating up" period periodically by ca. 0.06 kBq/m³. That would theoretically result in an
188 indoor radon concentration of ca. 1.81 kBq/m³ at the end of this expansion phase (i.e. at
189 around 16:00 pm), a value that comes close to the detected 1.78 kBq/m³.

190 Still, it has to be pointed out, that the cyclical expansion and contraction of the indoor air
 191 volume due to the diurnally varying indoor temperature is not the only driver that triggers the
 192 “breathing” of the container, which in turn reduces the indoor radon concentration
 193 periodically. As displayed exemplarily in Fig. 5 the wind speed does also show an apparent
 194 day/night cycle. Highest wind speeds appear generally at about noon and in the early
 195 afternoon; the lowest ones around midnight. This diurnal wind speed pattern has to be
 196 considered as additional driver for the "breathing" since the wind induces lower pressure on
 197 the surface of the container due to Bernoulli’s principle (an increase in the speed of any fluid
 198 occurs simultaneously with a decrease in pressure). This negative pressure in the container
 199 adds to the “thermal breathing” discussed above.



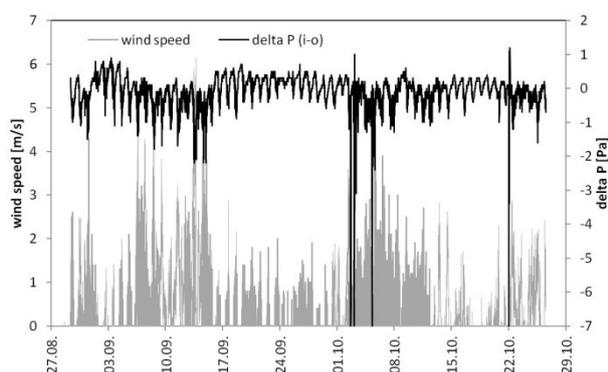
200
 201 Fig. 5: Exemplary time series (2 weeks) of wind speed and indoor-outdoor pressure gradient

202
 203 Schubert and Schulz (2002) argued that low wind speeds are minimizing air turbulences
 204 close to the ground thus adding to the increase of the radon concentration at the soil/air
 205 interface at night driven by soil exhalation. Goglack and Beck (1980) assumed that this rather
 206 stable nightly atmospheric stratification, which hampers radon dilution close to the ground,
 207 has even a stronger impact than the diurnally varying radon exhalation rate. Such atmospheric
 208 stratification might be responsible for the measured outside radon pattern recorded during our
 209 container experiment. However, it cannot be used for explaining the much more distinct
 210 indoor radon pattern. The interior of the container was not influenced by any variable air

211 turbulences since the container allowed only very limited exchange with the outside air. The
212 recorded diurnal indoor radon pattern must thus first and foremost be interpreted as a result of
213 the breathing of the container triggered by temperature and wind speed as discussed above.

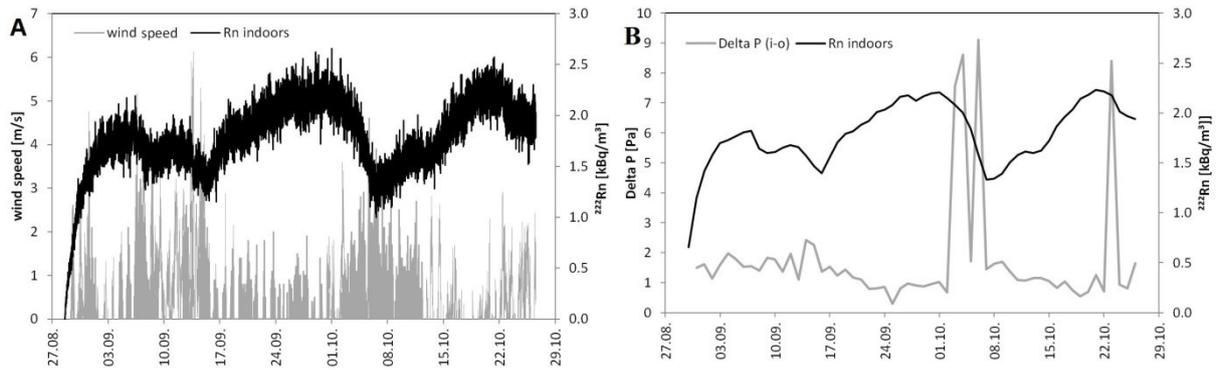
214 3.2.3 Multi day variations

215 The variable inside/outside pressure gradient that is triggered by changing wind speeds (i.e. as
216 a result of Bernoulli's principle) becomes evident not only in the diurnal patterns discussed
217 above and illustrated in Fig. 5 but reflects even more evidently in the multi day variations of
218 the indoor radon concentration. Figs. 6 and 7 display the wind speed over the complete two
219 months runtime of the experiment along with the simultaneously recorded inside/outside
220 pressure gradient and the radon indoor concentration, respectively. The displayed time-series
221 indicate the strong interconnection of wind speed, pressure gradient and indoor radon
222 concentration evidently. This can be underpinned by a good correlation of mean daily
223 pressure gradient ΔP with mean daily wind speed ($r = -0.65$). Large pressure gradients,
224 represented by large daily ranges of ΔP , result in strong negative concentration changes
225 (Fig. 7b). High wind speeds trigger negative pressure in the container leading to reduced
226 radon concentrations.



227
228 Fig. 6: Wind speed and indoor/outdoor pressure difference time series over the complete
229 runtime of the experiment

230



231

232 Fig. 7: Indoor radon concentrations (10 min values as recorded) and (7A) wind speed time
 233 series (10 min values as recorded) and (7B) pressure gradients (averaged day values) over the
 234 complete runtime of the experiment. Increased negative pressure indoors that is triggered by a
 235 higher wind speed results in a pressure induced “breathing” of the container.

236

237 4 Conclusions

238 The recorded datasets allow an evaluation of the dependence of the indoor radon
 239 concentration on meteorological parameters excluding the influence of forced ventilation
 240 and radon exhalation from soil and building materials. Varying indoor/outdoor air pressure
 241 differences were revealed as key driver for a continuous indoor/outdoor air exchange and thus
 242 for the variation of the indoor radon concentration. This “breathing” of the container was
 243 revealed to occur both with diurnal and multi day patterns. The diurnal variation of the indoor
 244 radon concentration was predominantly triggered by the diurnally changing indoor
 245 temperature and the associated expansion/contraction of the indoor air volume. Adding to this
 246 thermal breathing were diurnally recurring periods of low pressure within the container
 247 triggered by an elevated wind speed that generally arises during early afternoons. This
 248 influence is founded on Bernoulli’s principle. Besides its diurnally changing impact the latter
 249 effect resulted also in multi day breathing patterns associated to multi day periods of stronger
 250 winds. Thus it can be concluded that while the thermal breathing was identified as major

251 cause of the diurnal variation of the indoor radon concentration, multi day radon variations
252 seem mainly be a result of multi day wind speed patterns.

253

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